



## Anti-Bullying Week 2023: Make A Noise About Bullying

### CALL TO ACTION by the Anti-Bullying Alliance

Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'.

It doesn't have to be this way.

Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.

This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying. From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying.

Anti-Bullying Week 2023 is coordinated in England, Wales and Northern Ireland by the Anti-Bullying Alliance. This year it has the theme 'Make A Noise About Bullying' and will take place from Monday 13th to Friday 17th November.

The week will be kicked off with **Odd Socks Day** on **Monday 13th November**. Children and staff are invited to wear odd socks to school if they wish to celebrate what makes us all unique.

This theme empowers us to do something positive to counter the harm and hurt that bullying causes. Anti-Bullying Week will remind everyone whether it's in school, at home, in the community or online, we can bring an end to bullying.

Throughout the week, the children will take part in assemblies and lessons that focus on the theme 'Make a Noise about Bullying'. They will look at what bullying means to us, how banter can turn into something more hurtful and what we can do to stop bullying.

There will be a **workshop** for parents to attend (with or without your child/children) on **Thursday 16th November** from **3.30 to 4.30pm**. This will share the message of 'Make a Noise about Bullying' and how we have explored it at Raddlebarn. **Please complete the online form if you wish to attend.**

If you have any questions, please do not hesitate to ask.

Many thanks,

Mrs Ingram